

YORK UNIVERSITY CHEERLEADING GENERAL INFORMATION

- When are practices?
 - Tuesdays from 8:30 – 10:30 pm Sundays from 10:00am – 1:00 pm

- Are practices mandatory?
 - Yes

- What are some other mandatory team obligations?
 - Stunting practices (organized by stunt group)
 - Weight Training
 - All Home Football and Basketball game (in January) Games
 - Various fundraising events
 - Various York and Sport York Events
 - Summer training and camp.

- How many people on the program?
 - York runs one competitive team with alternates. We are looking for approximately 30 athletes for the Competitive Team. The number may vary depending on skill.

- What competitions do we attend?
 - Competitions in December (Cheer for the Cure, Possibly PCA Nationals)
 - One US competition in March (US Spirit in Ohio)
 - Late March (Cheer Alliance Nationals)

- Are athletes required to attend all the competitions?
 - YES

- Can I be on an York's Program and an All-star program
 - YES ... but you will need to inform the coaching staff ASAP as we do not want your all star team to interfere with your university cheer commitments

- What are my financial obligations?
 - Every team member is required to purchase some "team wear". As a new team member, you can expect for your team wear to cost approximately \$300.
 - Additionally everyone will be required to attend any competitions / away events / camps
 - Team training at an all star gym.
 - Fundraising opportunities will be made available to the team to reduce some of the costs.

**SHOULD YOU HAVE ANY ADDITIONAL QUESTIONS, PLEASE FEEL FREE
TO ASK ANY CURRENT TEAM MEMBERS OR ONE OF THE COACHES.**